

## Dates Massage October 2024 to April 2025

Note: Practical classes are in-house & theory is via zoom

### Massage class only: Wednesdays -all practical is in-house-all theory is on zoom (7-10pm)

**October:** 16 (introductory class on zoom 7-10pm)

**October,** 23 inhouse - (Times: 7-10pm)

**November:** 23 Saturday – inhouse (**10am-6pm**)

**November:** 27 inhouse– (Times: 7-10pm)

**December:** 04 inhouse– (Times: 7-10pm)

**January:** 22, 29 inhouse– (Times: 7-10pm)

**February:** 12 ,26 inhouse– (Times: 7-10pm)

**March:** 05, 12, 19, 26 - inhouse– (Times: 7-10pm)

**April:** 02 inhouse – (Times: 7-10pm)

**April:** 05 inhouse-(10am-6pm inhouse if needed)- (10am-6pm inhouse)

**April:** 09 inhouse (if needed)– (Times: 7-10pm)

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### Anatomy Module only – via zoom live classes or online self paced study

#### Mostly Wednesdays (7-10pm) 2024/25

**October:** 09 Wednesday (Introduction) (Times: 7-10pm)

**November:** 06 Wednesdays (Cells & Tissues) & November 13 (Skeletal) & November 20 (Muscular)- (Times: 7-10pm)

**December 11:** Wednesday – Cardiovascular-(Times: 7-10pm)

**December 15:** Sunday- (Digestive/Lymphatic/Respiratory/ Skin) - (Times; 9am-6pm)

**January 08:** Wednesday – (Nervous) / January 15 Wednesday (Endocrine)-(Times: 7-10pm)

**February 05:** Wednesday (Reproductive/Urinary)-(Times: 7-10pm)

**March 06:** Thursday: exam preparation class-(Times: 7-10pm)

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### Energy Management & Energetic applications of your therapy – via zoom

**January 2025:** Saturday 11 & Sunday 12 – Times: 10am-6.00pm both days-**mandatory full attendance**

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### Professionalism & Legality for the Holistic Therapist – via zoom

**October 2024:** Friday 11 (6-10pm) & Saturday 12 (9am-6pm) (we recommend this option)

**or February 2024:** Friday 07 (6pm-10pm) & Saturday 08 (9am-6pm)

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### Examinations- final assessments

**ITEC Final Assessments** – keep all days free for full day- mandatory attendance

**April 2025** – Saturday 05 inhouse (Times: 10am-6pm)

**April Saturday 12** - (will be theory via zoom - (Times: 9am-6pm)

**April Sunday 13** – practical inhouse -(Times:9am-6pm)

#### Holidays as follows

Halloween break: –Monday 28 October 2024- Fri 1st November - no massage classes

Christmas break: –19 December 2024 to 07 January 2025-no classes

Mid-term break February – Monday 17th to 21st February 2025- no massage classes