# Dates ITEC Aromatherapy & Massage October 2024 to April 2025

Note: Practical Aromatherapy classes are in-house & theory is via zoom

#### Aromatherapy Theory Module : Via Zoom - Mondays - 7pm to 10pm

November: 04,18, 25 (no class on 11<sup>th</sup>) - (Times: 7-10pm) December: 02 (Christmas break from 3<sup>rd</sup> Dec) - (Times: 7-10pm) January: 06, 13, 20, 27- (Times: 7-10pm) February: 10, 17, 24 (no class 3<sup>rd</sup> as bank holiday) - (Times: 7-10pm) March: 03, 10, 17, (if needed) - (Times: 7-10pm)

April 12 & 13 (theory & practical exams)

### Massage class only: Wednesdays -all practical is in-house-all theory is on zoom (7-10pm)

October: 02 Wednesday - (zoom induction) - (Times:7-10pm) October: 16, 23 inhouse - (Times: 7-10pm) November: 23 Saturday - (10am-6pm inhouse) November: 27 inhouse- (Times: 7-10pm) December: 04 inhouse- (Times: 7-10pm) January: 22, 29 inhouse- (Times: 7-10pm) February: 12, 26 inhouse- (Times: 7-10pm) March: 05, 12, 19, 26 - inhouse- (Times: 7-10pm) April: 02 inhouse - (Times: 7-10pm) April: 05 inhouse- (10am-6pm inhouse if needed)- (10am-6pm inhouse) April: 09 inhouse (if needed)- (Times: 7-10pm)

## Anatomy Module only - via zoom live classes or online self paced study

Mostly Wednesdays (7-10pm) 2024/25 October: 09 Wednesday (Introduction) (Times: 7-10pm) November: 06 Wednesdays (Cells & Tissues) & November 13 (Skeletal) & November 20 (Muscular)- (Times: 7-10pm) December 11: Wednesday – Cardiovascular-(Times: 7-10pm) December 15: Sunday- (Digestive/Lymphatic/Respiratory/ Skin) - (Times; 9am-6pm) January 08: Wednesday – (Nervous) / January 15 Wednesday (Endocrine)-(Times: 7-10pm) February 05: Wednesday (Reproductive/Urinary)-(Times: 7-10pm) March 06: Thursday: exam preparation class-(Times: 7-10pm)

Energy Management & Energetic applications of your therapy – via zoom January 2025: Saturday 11 & Sunday 12 – Times: 10am-6.00pm both days-mandatory full attendance

Professionalism & Legality for the Holistic Therapist – via zoomOctober 2024: Friday 11 (6-10pm) & Saturday 12 (9am-6pm) (we recommend this option)orFebruary 2024: Friday 07 (6pm-10pm) & Saturday 08 (9am-6pm)

### **Examinations- final assessments**

ITEC Final Assessments – keep all days free for full day- mandatory attendance
April 2025 – Saturday 05 inhouse (Times: 10am-6pm)
Saturday 12 - (will be theory via zoom - (Times: 9am-6pm)
Sunday 13 – practical inhouse -(Times:9am-6pm)
Holidays as follows
Halloween break: –Monday 28 October 2024- Fri 1st November - no massage classes
Christmas break: –19 December 2024 to 07 January 2025-no classes
Mid-term break February – Monday 17th to 21st February 2025- no massage classes